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CLAIMS

- 1. A file, provided with at least a front cover, a back cover, a spine and at least one arch for fastening paper and the like, wherein the front cover, the back cover and the spine are manufactured in one piece, preferably by injection molding from plastic, hinges being co-formed for connecting the covers with the spine, coupling means being provided for fastening the or each arch to one of the covers or the spine.
- 2. A file according to claim 1, wherein the coupling means are arranged to fix the or each arch after it has been injection molded.
- 3. A file according to claim 2, wherein the coupling means at least comprise guide means for sliding in the or each arch with complementary second guide means, clamping means being provided to fix the respective arch in the guide means when the respective arch has been slid in completely.
- 4. A file according to claim 2 or 3, wherein the coupling means comprise clamping means, with which the or each arch can be fixed to one of the covers and/or the spine.
 - 5. A file according to any one of the preceding claims, wherein the coupling means are co-injection molded in the file.
- 6. A file according to claim 1, wherein the arch is co-injection molded in the file with the coupling means as insert.
 - 7. A file according to any one of the preceding claims, wherein at least a part of the spine is provided on the outside with a surface that can be written on, which surface is provided by labeling.
- 8. A file according to claim 7, wherein said surface is provided by in-25 mold labeling.

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- 9. A file according to any one of the preceding claims, wherein the covers and/or the spine are provided with stiffening ribs, preferably at least on the sides thereof facing inward during use.
- 10. A file according to any one of the preceding claims, wherein at least the outsides of the covers are at least largely provided with texture by inmold labeling.
- 11. A set of a cover, comprising at least a front cover, a back cover and a spine, interconnected by hinges, wherein first coupling means are provided in the cover, and at least one arch for clamping paper and the like, the or each arch being provided with second coupling means, for cooperation with the first coupling means.
- 12. A method for presenting files, wherein covers, each comprising a front cover, a back cover and a spine, interconnected by hinges, in particular integrated hinges, are presented, which covers are provided with first coupling means, arches further being presented, arranged to fix paper or the like, which arches are provided with second coupling means for cooperation with the first coupling means, the covers and arches being presented apart from each other, such that a cover and at least one arch can be combined to a file directly before use.
- 20 13. A method according to claim 12, wherein the covers are injection molded with integrated hinges.